

Namrata Reshamwala

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PROFESSIONAL ASSOCIATION

The Gujaratmitra – A Leading Gujarati Daily Newspaper

MEDIA & EDITORIAL CONTRIBUTIONS

- Associated with *Gujaratmitra*, a 162-year-old leading Gujarati daily and the oldest running newspaper of Gujarat published from Surat
- Actively involved with the newspaper's **supplementary and feature sections**
- Extensive involvement with the **Citypulse** lifestyle supplement published every Friday
- Covers stories related to **Surat city trends, lifestyle, culture, and social developments**
- Contributions across **print supplements as well as digital media and the newspaper's online portal**

EDUCATION

- **Bachelor of Laws (LLB):** Veer Narmad South Gujarat University.
- **Bachelor of Commerce (B.Com):** Veer Narmad South Gujarat University.
- **Visharad in Bharatnatyam:** Achieved a degree-equivalent certification in this classical dance form.

PERSONAL BACKGROUND

- **Heritage:** Born on January 16, 1985, in Navsari, Gujarat, into a family with a century-old legacy in the jewelry business.
- **Family Life:** Based in Surat following her marriage into the family owning *Gujaratmitra*, the third oldest running daily in the nation.
- **Motherhood:** A protective and dedicated mother to two young boys, prioritizing a balance between family responsibilities and personal pursuits.

**INTERESTS &
AVOCATIONS**

- **Arts & Culture:** Classical dance enthusiast with formal training in Bharatnatyam.
- **Sports:** Passionate tennis player who values the discipline and fitness associated with the sport.
- **Culinary Arts:** Enthusiastic home cook with a deep interest in exploring food and cooking.
- **Travel & Networking:** Enjoys exploring new destinations and building connections with like-minded individuals.

KEY TRAITS

Culinary enthusiast | Community observer | Versatile & Adaptable

LIFE PHILOSOPHY

- **Radical Authenticity:** "Be unapologetically you. Never trade your original spark for someone else's shadow."
- **Aligned Trust:** "Trust the higher frequency. The Universe doesn't just watch your journey; it directs it toward your best self."